

Scriptures for Issues

Money Issues

- **Matthew 6:31–33 — Trust God instead of worrying about provision**

ESV: “Therefore do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be added to you.”

Focus: Put God’s kingdom first and trust Him with your needs.

- **Philippians 4:19 — God supplies our needs**

ESV: “And my God will supply every need of yours according to his riches in glory in Christ Jesus.”

Focus: God is the ultimate source of provision.

- **Philippians 4:11–13 — Learning contentment in every financial circumstance**

ESV: “Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me.”

Focus: Contentment isn’t dependent upon having abundance.

- **1 Timothy 6:6–8 — Godliness with contentment**

ESV: “But godliness with contentment is great gain, for we brought nothing into the world, and we cannot take anything out of the world. But if we have food and clothing, with these we will be content.”

Focus: Our greatest wealth is not material possessions.

- **1 Timothy 6:9–10 — The danger of loving money**

ESV: “But those who desire to be rich fall into temptation, into a snare, into many senseless and harmful desires that plunge people into ruin and destruction. For the love of money is a root of all kinds of evils. It is through this craving that some have

wandered away from the faith and pierced themselves with many pangs.”

Focus: Money itself isn’t presented as evil; allowing the pursuit of it to control us is the danger.

- **Hebrews 13:5 — Be content with what you have**

ESV: “Keep your life free from love of money, and be content with what you have, for he has said, ‘I will never leave you nor forsake you.’”

Focus: Our security ultimately rests in God’s presence, not our bank account.

- **Proverbs 21:5 — Diligent financial planning**

ESV: “The plans of the diligent lead surely to abundance, but everyone who is hasty comes only to poverty.”

Focus: Scripture encourages patience, diligence, and thoughtful planning.

- **Proverbs 22:7 — Understanding debt**

ESV: “The rich rules over the poor, and the borrower is the slave of the lender.”

Focus: Debt can create significant financial bondage, so it should be approached carefully.

- **Romans 13:8 — Paying what you owe**

ESV: “Owe no one anything, except to love each other, for the one who loves another has fulfilled the law.”

Focus: Scripture encourages believers to take their financial obligations seriously.

- **Proverbs 10:4 — Diligence and work**

ESV: “A slack hand causes poverty, but the hand of the diligent makes rich.”

Focus: Diligent work is part of biblical financial wisdom.

- **Luke 14:28 — Count the cost**

ESV: “For which of you, desiring to build a tower, does not first sit down and count the cost, whether he has enough to complete it?”

Focus: Jesus uses careful calculation and planning as an example of wisdom.

- **Matthew 6:19–21 — Don’t make earthly wealth your treasure**

ESV: “Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there

your heart will be also.”

Focus: Financial resources should never become our ultimate treasure.

- **2 Corinthians 9:6–8 — Generosity and God's provision**

ESV: “The point is this: whoever sows sparingly will also reap sparingly, and whoever sows bountifully will also reap bountifully. Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to make all grace abound to you, so that having all sufficiency in all things at all times, you may abound in every good work.”

Focus: Give willingly and generously rather than from compulsion or fear.

- **Proverbs 11:24–25 — The blessing of generosity**

ESV: “One gives freely, yet grows all the richer; another withholds what he should give, and only suffers want. Whoever brings blessing will be enriched, and one who waters will himself be watered.”

Focus: Scripture repeatedly encourages open-handed generosity.

- **Luke 16:10–13 — Faithfulness with money**

ESV: “One who is faithful in a very little is also faithful in much, and one who is dishonest in a very little is also dishonest in much. If then you have not been faithful in the unrighteous wealth, who will entrust to you the true riches? And if you have not been faithful in that which is another's, who will give you that which is your own? No servant can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.”

Focus: How we handle small financial responsibilities matters to God.

- **Deuteronomy 8:18 — Remember the source of your ability to prosper**

ESV: “You shall remember the Lord your God, for it is he who gives you power to get wealth, that he may confirm his covenant that he swore to your fathers, as it is this day.”

Focus: Whatever financial ability or resources we possess ultimately come from God.

- **Psalms 37:25 — God's faithfulness**

ESV: “I have been young, and now am old, yet I have not seen the righteous forsaken or his children begging for bread.”

Focus: Remember God's faithfulness during seasons of financial uncertainty.

- **2 Kings 4:1–7 — God provides for a woman facing debt**

- “Now the wife of one of the sons of the prophets cried to Elisha, ‘Your servant my husband is dead, and you know that your servant feared the Lord, but the creditor has come to take my two children to be his slaves.’

- And Elisha said to her, ‘What shall I do for you? Tell me; what have you in the house?’ And she said, ‘Your servant has nothing in the house except a jar of oil.’

- Then he said, ‘Go outside, borrow vessels from all your neighbors, empty vessels and not too few. Then go in and shut the door behind yourself and your sons and pour into all these vessels. And when one is full, set it aside.’

- So, she went from him and shut the door behind herself and her sons. And as she poured they brought the vessels to her.

- When the vessels were full, she said to her son, ‘Bring me another vessel.’

- And he said to her, ‘There is not another.’

- Then the oil stopped flowing. She came and told the man of God, and he said, ‘Go, sell the oil and pay your debts, and you and your sons can live on the rest.’”

Focus: This powerful story describes a widow facing creditors and God's provision through what she already had in her house.

- **Matthew 6:11 — Dependence on God for daily provision**

ESV: “Give us this day our daily bread.”

Focus: Jesus teaches His followers to depend upon God for daily needs.

- **Psalms 23:1 — The Lord as our shepherd**

ESV: “The LORD is my shepherd; I shall not want.”

Focus: Our ultimate confidence is in God's care rather than material wealth.

Work Issues

- **1. Working With Excellence**

- **Colossians 3:23–24** — Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ. For the wrongdoer will be paid back for the wrong he has done, and there is no partiality.
- **Proverbs 22:29** — Do you see a man skillful in his work? He will stand before kings; he will not stand before obscure men.
- **Ecclesiastes 9:10** — Whatever your hand finds to do, do it with your might, for there is no work or thought or knowledge or wisdom in Sheol, to which you are going.
- **Proverbs 14:23** — In all toil there is profit, but mere talk tends only to poverty.

- **2. When You Don't Like Your Job**

- **Colossians 3:17** — And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.
- **1 Corinthians 10:31** — So, whether you eat or drink, or whatever you do, do all to the glory of God.
- **Ephesians 6:5–8** — Bondservants, obey your earthly masters with fear and trembling, with a sincere heart, as you would Christ, not by the way of eye-service, as people-pleasers, but as bondservants of Christ, doing the will of God from the heart, rendering service with a good will as to the Lord and not to man, knowing that whatever good anyone does, this he will receive back from the Lord, whether he is a bondservant or is free.
- **Psalms 90:17** — Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands!
- **3. When Work Is Stressful or Overwhelming**
- **Matthew 11:28–30** — Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart,

and you will find rest for your souls. For my yoke is easy, and my burden is light.

- **Philippians 4:6–7** — Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.
- **1 Peter 5:6–7** — Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you.
- **Isaiah 41:10** — fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.
- **Psalms 46:1** — God is our refuge and strength, a very present help in trouble.
- **4. Maintaining Integrity at Work**
- **Proverbs 10:9** — Whoever walks in integrity walks securely, but he who makes his ways crooked will be found out.
- **Luke 16:10** — “One who is faithful in a very little is also faithful in much, and one who is dishonest in a very little is also dishonest in much.
- **Proverbs 11:1** — A false balance is an abomination to the Lord, but a just weight is his delight.
- **Titus 2:7–8** — Show yourself in all respects to be a model of good works, and in your teaching show integrity, dignity, and sound speech that cannot be condemned, so that an opponent may be put to shame, having nothing evil to say about us.
- **Ephesians 4:25** — Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another.
- **5. When You're Looking for a New Job**
- **Proverbs 3:5–6** — Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.

- **Psalm 37:23–24** — The steps of a man are established by the Lord, when he delights in his way; though he fall, he shall not be cast headlong, for the Lord upholds his hand.
- **Psalm 90:17** — Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands!
- **Proverbs 16:9** — The heart of man plans his way, but the Lord establishes his steps.
- **James 1:5** — If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.

• **6. Finding Purpose in Your Work**

- **Ephesians 2:10** — For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.
- **1 Corinthians 15:58** — Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain.
- **Colossians 3:23–24** — Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.
- **1 Corinthians 10:31** — So, whether you eat or drink, or whatever you do, do all to the glory of God.
- **Psalm 90:12** — So teach us to number our days that we may get a heart of wisdom.

• **7. When You Need Wisdom at Work**

- **James 1:5** — If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.
- **Proverbs 2:6** — For the Lord gives wisdom; from his mouth come knowledge and understanding;
- **Proverbs 3:13–18** — Blessed is the one who finds wisdom, and the one who gets understanding, for the gain from her is better than gain from silver and her profit better than gold. She is more precious than jewels, and nothing you desire can compare with her. Long life is in her right hand; in her left hand are riches and honor. Her ways are

ways of pleasantness, and all her paths are peace. She is a tree of life to those who lay hold of her; those who hold her fast are called blessed.

- **Proverbs 15:22** — Without counsel plans fail, but with many advisers they succeed.
- **Proverbs 16:3** — Commit your work to the Lord, and your plans will be established.

Relationship Issues

• 1. Loving Others Well

- **John 13:34–35** — A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another.”
- **1 Corinthians 13:4–7** — Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things.
- **Romans 12:9–10** — Let love be genuine. Abhor what is evil; hold fast to what is good. Love one another with brotherly affection. Outdo one another in showing honor.
- **1 John 4:7–8** — Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. Anyone who does not love does not know God, because God is love.
- **Philippians 2:3–4** — Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others.

• 2. Dealing With Conflict

- **Matthew 5:23–24** — So if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift.
- **Matthew 18:15–17** — “If your brother sins against you, go and tell him his fault, between you and him alone. If he listens to you, you have gained your brother. But if he does not listen, take one or two others along with you, that every charge may be established by the evidence of two or three witnesses. If he refuses to listen to them, tell it to the church. And if he refuses to listen even to the church, let him be to you as a Gentile and a tax collector.

- **Proverbs 15:1** — “A soft answer turns away wrath, but a harsh word stirs up anger.
- **James 1:19–20** — Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; for the anger of man does not produce the righteousness of God.
- **Proverbs 17:14** — The beginning of strife is like letting out water, so quit before the quarrel breaks out.
- **Romans 12:18** — If possible, so far as it depends on you, live peaceably with all.
- **3. Forgiving Someone Who Hurt You**
- **Ephesians 4:31–32** — Get rid of all bitterness, rage and anger, outcry and slander, along with every form of malice. Be kind and tenderhearted to one another, forgiving each other just as in Christ God forgave you.
- **Colossians 3:12–13** — Therefore, as the elect of God, holy and beloved, clothe yourselves with hearts of compassion, kindness, humility, gentleness, and patience. Bear with one another and forgive any complaint you may have against someone else. Forgive as the Lord forgave you.
- **Matthew 6:14–15** — For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive yours.
- **Luke 6:27–28** — But to those of you who will listen, I say: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you.
- **4. When You've Been Betrayed or Deeply Hurt**
- **Psalms 34:18** — The LORD is near to the brokenhearted and saves the crushed in spirit.
- **Psalms 147:3** — God heals the brokenhearted and binds up their wounds.
- **1 Peter 5:7** — casting all your anxieties on him, because he cares for you.
- **Romans 12:19** — Beloved, never avenge yourselves, but leave it to the wrath of God, for it is written, “Vengeance is mine, I will repay, says the Lord.”

- **5. Dealing With Difficult People**

- **Romans 12:20–21** — On the contrary, “If your enemy is hungry, feed him; if he is thirsty, give him a drink. For in so doing, you will heap burning coals on his head.” Do not be overcome by evil, but overcome evil with good.
- **Proverbs 25:21–22** — If your enemy is hungry, give him food to eat, and if he is thirsty, give him water to drink. For in so doing, you will heap burning coals on his head, and the LORD will reward you.
- **Titus 3:2** — ...to speak evil of no one, to avoid quarreling, to be gentle, and to show perfect courtesy toward all people.
- **2 Timothy 2:24–25** — And a servant of the Lord must not be quarrelsome, but must be kind to everyone, able to teach, and forbearing. He must gently reprove those who oppose him, in the hope that God may grant them repentance leading to a knowledge of the truth..
- **Proverbs 12:18** — There is one whose rash words are like sword thrusts, but the tongue of the wise brings healing.
- **6. Communication**
- **Ephesians 4:15** — Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ,
- **Ephesians 4:29** — Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear.
- **Proverbs 18:21** — Death and life are in the power of the tongue, and those who love it will eat its fruits.
- **Proverbs 12:25** — Anxiety in a man’s heart weighs him down, but a good word makes him glad.
- **Colossians 4:6** — Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.
- **James 1:19** — Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger;
- **7. Marriage**

- **Ephesians 5:21–33** — Submit to one another out of reverence for Christ. Wives, submit to your husbands as to the Lord. For the husband is the head of the wife as Christ is the head of the church, His body, of which He is the Savior.
- **Colossians 3:18–19** — Wives, submit to your husbands, as is fitting in the Lord. Husbands, love your wives and do not be harsh with them.
- **1 Corinthians 7:3–5** — The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. The wife does not have authority over her own body, but the husband. Likewise, the husband does not have authority over his own body, but the wife. Do not deprive each other, except by mutual consent and for a time, so you may devote yourselves to prayer. Then come together again, so that Satan will not tempt you through your lack of self-control.
- **Genesis 2:18** — Then the LORD God said, “It is not good that the man should be alone; I will make him a helper fit for him.”
- **Matthew 19:4–6** — Jesus answered, “Have you not read that from the beginning the Creator ‘made them male and female,’ and said, ‘For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh’? So, they are no longer two, but one flesh. Therefore, what God has joined together, let man not separate.”
- **Proverbs 18:22** — He who finds a wife finds a good thing and obtains favor from the LORD.
- **8. Family Relationships**
- **Ephesians 6:1–4** — Children, obey your parents in the Lord, for this is right. “Honor your father and mother” (which is the first commandment with a promise), “that it may go well with you and that you may have a long life on the earth.” Fathers, do not provoke your children to wrath; instead, bring them up in the discipline and instruction of the Lord.
- **Colossians 3:20–21** — Children, obey your parents in everything, for this is pleasing to the Lord. Fathers, do not provoke your children, so they will not become discouraged.

- **Proverbs 22:6** — Train up a child in the way he should go; even when he is old he will not depart from it.
- **Deuteronomy 6:6–7** — These words I am commanding you today are to be upon your hearts. And you shall teach them diligently to your children and speak of them when you sit at home and when you walk along the road, when you lie down and when you get up.
- **1 Timothy 5:8** — But if anyone does not provide for his relatives, and especially for members of his household, he has denied the faith and is worse than an unbeliever.
- **9. Setting Healthy Boundaries**
- **Proverbs 4:23** — “Keep your heart with all vigilance, for from it flow the springs of life.”
- **Matthew 10:14** — And if anyone will not receive you or listen to your words, shake off the dust from your feet when you leave that house or town.
- **Titus 3:10–11** — Reject a divisive man after a first and second admonition, knowing that such a man is corrupt and sinful; he is self-condemned.
- **Proverbs 22:3** — The prudent sees danger and hides himself, but the simple go on and suffer for it.
- **2 Thessalonians 3:6, 14–15** — Now we command you, brothers, in the name of our Lord Jesus Christ, to keep away from any brother who leads an undisciplined life that is not in keeping with the tradition you received from us. Take note of anyone who does not obey the instructions we have given in this letter. Do not associate with him, so that he may be ashamed. Yet do not regard him as an enemy, but admonish him as a brother.
- **10. Reconciliation and Restoring Relationships**
- **2 Corinthians 5:18–20** — All this is from God, who reconciled us to Himself through Christ and gave us the ministry of reconciliation: that God was reconciling the world to Himself in Christ, not counting men’s trespasses against them. And He has committed to us the message of reconciliation. Therefore, we are

ambassadors for Christ, as though God were making His appeal through us. We implore you on behalf of Christ: Be reconciled to God.

- **Romans 12:18** — If possible, so far as it depends on you, live peaceably with all.
- **Matthew 5:9** — “Blessed are the peacemakers, for they shall be called sons of God.
- **Galatians 6:1** — Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted.
- **Colossians 3:14** — And above all these put on love, which binds everything together in perfect harmony.

Health Issues

- **1. When You Need Healing**

- **Jeremiah 17:14** — Heal me, O LORD, and I shall be healed; save me, and I shall be saved, for you are my praise.
- **Psalms 103:2–3** — Bless the LORD, O my soul, and do not forget all His kind deeds— He who forgives all your iniquities and heals all your diseases,
- **Psalms 147:3** — God heals the brokenhearted and binds up their wounds.
- **Exodus 15:26** — saying, “If you will diligently listen to the voice of the LORD your God, and do that which is right in his eyes, and give ear to his commandments and keep all his statutes, I will put none of the diseases on you that I put on the Egyptians, for I am the LORD, your healer.”
- **James 5:14–16** — Is any one of you sick? He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord. And the prayer offered in faith will restore the one who is sick. The Lord will raise him up. If he has sinned, he will be forgiven. Therefore, confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man has great power to prevail.
- **Isaiah 53:4–5** — Surely He took up our infirmities and carried our sorrows; yet we considered Him stricken, struck down by God, and afflicted. But He was pierced for our transgressions, He was crushed for our iniquities; the punishment that brought us peace was upon Him, and by His stripes we are healed.

- **2. When You're Waiting for Healing**

- **Psalms 27:13–14** — Still I am certain to see the goodness of the LORD in the land of the living. Wait patiently for the LORD; be strong and courageous. Wait patiently for the LORD!
- **Psalms 130:5** — I wait for the LORD, my soul waits, and in his word I hope;
- **Isaiah 40:29–31** — He gives power to the faint and increases the strength of the weak. Even youths grow tired and weary, and young men stumble and fall. But those who wait upon the LORD will renew their

strength; they will mount up with wings like eagles; they will run and not grow weary; they will walk and not faint.

- **Lamentations 3:22–24** — Because of the loving devotion of the LORD we are not consumed, for His mercies never fail. They are new every morning; great is Your faithfulness! “The LORD is my portion,” says my soul, “therefore I will hope in Him.”
- **Romans 8:24–25** — For in this hope we were saved; but hope that is seen is no hope at all. Who hopes for what he can already see? But if we hope for what we do not yet see, we wait for it patiently.
- **3. When You're Experiencing Physical Pain**
- **Psalms 34:18** — The LORD is near to the brokenhearted and saves the crushed in spirit.
- **Psalms 41:3** — The LORD sustains him on his sickbed; in his illness you restore him to full health.
- **Psalms 73:26** — “My flesh and my heart may fail, but God is the strength of my heart and my portion forever.”
- **2 Corinthians 4:16–18** — Therefore we do not lose heart. Though our outer self is wasting away, yet our inner self is being renewed day by day. For our light and momentary affliction is producing for us an eternal weight of glory that is far beyond comparison. So, we fix our eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal.
- **2 Corinthians 12:9–10** — But He said to me, “My grace is sufficient for you, for My power is perfected in weakness.” Therefore, I will boast all the more gladly in my weaknesses, so that the power of Christ may rest on me. That is why, for the sake of Christ, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.
- **4. When You're Afraid About Your Health**
- **Isaiah 41:10** — fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

- **Psalm 56:3–4** — When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me?
- **Psalm 23:4** — Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.
- **John 14:27** — Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.
- **Philippians 4:6–7** — Be anxious for nothing, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.
- **5. When You Are Anxious About a Diagnosis**
- **Philippians 4:6–7** — Be anxious for nothing, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.
- **1 Peter 5:7** — casting all your anxieties on him, because he cares for you.
- **Psalm 55:22** — Cast your burden on the LORD, and he will sustain you; he will never permit the righteous to be moved.
- **Proverbs 3:5–6** — Trust in the LORD with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight.
- **6. When You Feel Weak or Exhausted**
- **Isaiah 40:31** — but they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.
- **2 Corinthians 12:9** — But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore, I will boast all the more gladly of

my weaknesses, so that the power of Christ may rest upon me.

- **Psalm 46:1** — God is our refuge and strength, a very present help in trouble.
- **Psalm 73:26** — My flesh and my heart may fail, but God is the strength of my heart and my portion forever.
- **Matthew 11:28–30** — Come to Me, all you who are weary and burdened, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. For My yoke is easy and My burden is light.”
- **7. When You Need Peace**
- **Isaiah 26:3** — You keep him in perfect peace whose mind is stayed on you, because he trusts in you.
- **John 14:27** — Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.
- **Philippians 4:7** — And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.
- **Colossians 3:15** — And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.
- **Psalm 4:8** — In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety.
- **8. When You Are Praying for Someone Who Is Sick**
- **James 5:14–16** — Is any one of you sick? He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord. And the prayer offered in faith will restore the one who is sick. The Lord will raise him up. If he has sinned, he will be forgiven. Therefore, confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man has great power to prevail.
- **9. When You're Struggling with a Chronic Condition**

- **2 Corinthians 4:16–18** — Therefore we do not lose heart. Though our outer self is wasting away, yet our inner self is being renewed day by day. For our light and momentary affliction is producing for us an eternal weight of glory that is far beyond comparison. So, we fix our eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal.
- **2 Corinthians 12:9–10** — But He said to me, “My grace is sufficient for you, for My power is perfected in weakness.” Therefore, I will boast all the more gladly in my weaknesses, so that the power of Christ may rest on me. That is why, for the sake of Christ, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.
- **Psalms 73:25–26** — Whom have I in heaven but You? And on earth I desire no one besides You. My flesh and my heart may fail, but God is the strength of my heart and my portion forever.
- **Isaiah 46:4** — even to your old age I am he, and to gray hairs I will carry you. I have made, and I will bear; I will carry and will save.
- **Psalms 71:9** — Do not cast me off in the time of old age; forsake me not when my strength is spent.
- **10. When You Need Strength to Keep Going**
- **Nehemiah 8:10** — Then he said to them, “Go your way. Eat the fat and drink sweet wine and send portions to anyone who has nothing ready, for this day is holy to our Lord. And do not be grieved, for the joy of the LORD is your strength.”
- **Psalms 18:32** — the God who equipped me with strength and made my way blameless.
- **Isaiah 41:10** — fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.
- **Ephesians 6:10** — “Be strong in the Lord and in the strength of his might.”
- **Philippians 4:13** — I can do all things through him who strengthens me.

